EQUINOX

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July 21, 2026

Equinox Pilates

Mat Certificate

This document certifies that **Elva Prohens** has completed the training "Equinox Pilates Mat Certificate Course"

Course summary: Concepts and techniques of classical and supporting exercises for an open level mat class, as well as effective teaching and group fitness skills.

provided by Equinox Pilates Training Institute

Reference Number: 9093887805166126

You can also find this document on the Internet at the following address: https://equinox.360learning.com/redirect/api/certification/9093887805166126