April 18, 2026

Leg Day

Digital Training Complete!

This document certifies that **Jason Brown** has completed the training "Leg Day - Digital Training"

A lower-body–focused strength training class designed to build strong and visibly defined legs — in the season when we care about them most. Timed training intervals focused on squats, hinges, lunges, and carries deliver intensity and results you can see. (We'll get you looking forward to Leg Day.) An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

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