February 24, 2025

Stronger

Digital Training Complete!

This document certifies that **Elese Rose** has completed the training "Stronger - Digital Training"

Course summary: Gain strength, confidence and community in this one-of-a-kind class scientifically made to push you to your edge. Ditch the cardio and use heavy weights to challenge every muscle group. An Equinox exclusive.

provided by EQX Group Fitness

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