February 6, 2025

Yin Yoga Meditation

Digital Training Complete!

This document certifies that **Jennifer Goggin** has completed the training "Yin Yoga Meditation - Digital Training"

Course summary: A healing class characterized by prolonged holds and mental stillness. Relieve stress and connect more deeply with your body in this rejuvenating practice. An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

Reference Number: 8382530296879949

You can also find this document on the Internet at the following address: https://equinox.360learning.com/redirect/api/certification/8382530296879949