



November 8, 2025

Rounds: Boxing Circuit

Digital Training Complete!

This document certifies that **Reggie Suyao** has completed the training "Rounds: Bags and Mitts - Digital Training"

Course summary: Gloves on, guard up. This is where power meets precision, and stamina takes center stage. Immerse yourself in an authentic boxing circuit as you navigate skill-enhancing stations and power-packed intervals on the heavy bag. An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

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