August 18, 2025

360 Strength

Digital Training Complete!

This document certifies that **Elese Rose** has completed the training "360 Strength - Program Leads"

Course summary: Move with purpose. Master your power. Experience a functional strength training class to optimize real-world performance. Forge an unbreakable body utilizing the landmine, heavy dumbbells, ViPR, and dynamic full-body exercises. An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

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