



August 16, 2026

Barefoot Sculpt: Bala Ring

Digital Training Complete!

This document certifies that **Sarah Sung** has completed the training "Barefoot Sculpt: Bala Ring - Digital Training"

Course summary: A low-impact sculpt class built around the Power Ring by Bala. Press, hold, and sweep to build functional strength, control, and endurance in one full-body format. Grounded, athletic, and intentional. An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

Reference Number: 3308385792540007

You can also find this document on the Internet at the following address: <https://equinox.360learning.com/redirect/api/certification/3308385792540007>