October 22, 2024

Sonic Meditation

Digital Training Complete!

This document certifies that **Elva Prohens** has completed the training "Sonic Meditation - Digital Training"

Course summary: Trip on sound. Ground yourself in an immersive, 45-minute journey with guided meditation and the live sounds of instruments like chimes, singing bowls, and rain sticks. An Equinox exclusive.

provided by EQX Group Fitness

To check the authenticity of this document, please contact: peyton.royal@equinox.com

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